**Keep Your Child’s Mouth Healthy**

Healthy mouths are important—especially for babies and young children.

- Poor oral health can cause your child to have problems eating, speaking, and learning.
- Baby teeth are important because they hold space for adult teeth.

A healthy mouth is important for overall health.

- Cavities can be painful and lead to infections and other health problems.
- You can prevent cavities by taking care of your child’s mouth every day.

**Dental Health Coverage**

Maryland Healthy Smiles Dental Program (Maryland’s Medicaid Dental Program) covers dental visits for pregnant women and children through age 20. For more information, go to HealthyTeethHealthyKids.org.

**Find a dentist** and schedule an appointment for your child today.

**Learn more** about caring for your child’s mouth at healthyteethhealthykids.org.

**Spread the word**; let others know it is important to care for their child’s mouth.

**Give your child a healthy mouth for life**
Caring for your child’s mouth means making sure your child gets dental sealants.

Dental sealants are thin, plastic coatings that are applied to the chewing surfaces of the back teeth by a dental professional.

The back teeth are most likely to get cavities because small amounts of food and sugars get trapped in the uneven surfaces on the tops of the teeth.

Dental sealants protect the teeth by “sealing out” germs and sugars.

Children should get dental sealants between ages 5 and 7, when their first adult molars come in and between ages 11–13, when their second molars come in.

Most dental insurance, including Maryland Healthy Smiles (Maryland’s Medicaid Dental Program), pays for dental sealants. To find a dentist who takes Medicaid visit: HealthyTeethHealthyKids.org.